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INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(54) Title: AN ALERTNESS MONITOR
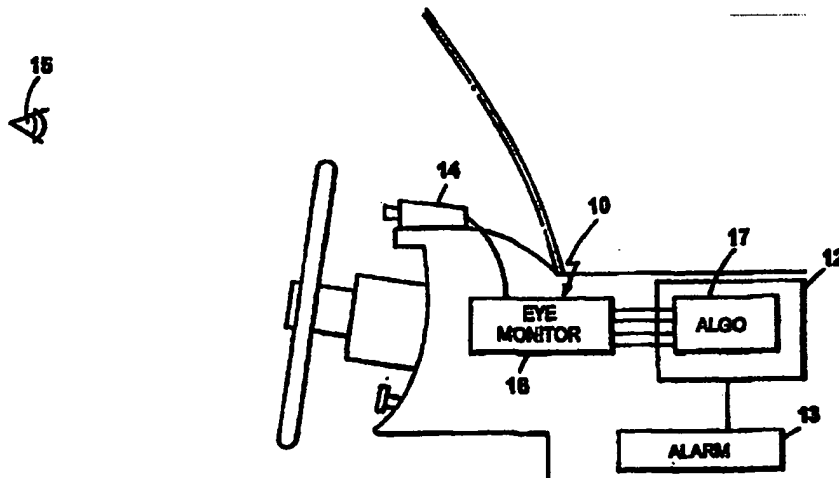
(57) Abstract

A method of determining alertness of a subject including the steps of non-invasively monitoring the subject's eye dynamics; generating from monitored eye dynamics a first output which is a measure of the subject's gaze patterns; generating from monitored eye dynamics a second output which is a measure of the subject's saccadic movements; generating from monitored eye dynamics a third output which is a measure of the subject's pupil dynamics; generating from monitored eye dynamics a fourth output which is a measure of the subject's blink patterns, and using the first, second, third and fourth outputs to compute a measure of alertness of the subject.

AN ALERTNESS MONITOR
Background of the Invention

The invention relates to a system and method for monitoring the alertness of a person, such as a driver of a
5   vehicle.

Diminished driver attention was found in various Department of Transportation (DOT) sponsored studies to be responsible for up to 50% of all accidents on US highways. The segment of these accidents most carefully studied is
10   that involving heavy trucks. Total annual cost of all accidents involving trucks is estimated by the DOT as being nearly $9.0 billion. Inattention generally is implicated in 30% to 50% of truck accidents (DOT figures) at a cost of $3.0 to 4.5 billion/year in the US alone.

15   Diminished attention may be due to a variety of causes: emotional stress, boredom, environment, sleep history, food history, drugs, alcohol, and fatigue. However, the portion of truck accidents attributable to driver fatigue has received the most concentrated attention
20   since this is the cause most easily isolated in police accident reports. Fatigue has been directly implicated in the various studies as accounting for between 5% and 10% of all truck accidents with an annual cost to the US approximately $0.5 to $1.0 billion.

25   Since 1990 a significant number of studies and research programs have been completed by existing commercial and academic organizations. These programs have concentrated on identifying driver fatigue, whilst accepting that this represents only one part of the whole driver
30   attention problem. Also, they have tended to use a variety of indirect measurements tied back to fatigue (e.g. steering wheel movement, lane position, and lateral acceleration), since no practical way of measuring diver alertness in the real world of a commercial truck cabin or an operators
35   environment was known.

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        People have also developed comprehensive strategies
for dealing with fatigue. Some of those strategies are
based, for example, upon initially using the vehicle air
conditioning and sound systems to alter the conditions of
5   the environment. If these techniques fail to generate a
response, a second step utilizes induced vibration of the
operator's seat and steering wheel and possibly reduction in
the engine throttle setting.
        There is, however, still a need for an alertness
10   monitor that signals the deterioration of alertness soon
enough to produce reliable corrective actions and that
measures not merely fatigue but the broader and more
important question of inattention.

                    Summary of the Invention
15   The invention is an alertness monitor which combines
the measurement of blink patterns used in past programs with
direct measurement of changes in saccadic movements (i.e.,
autonomous movement of the eye), in pupil characteristics
(e.g. diameter and hippus), and in viewing strategies (e.g.
20   the alert driver pans from windshield to mirrors to side
view to instruments and back, the less alert the driver
tends to tunnel vision of the road ahead).
        In general, in one aspect, the invention is a method
of determining alertness of a subject. The method includes
25   the steps of non-invasively monitoring the subject's eye
dynamics; generating from monitored eye dynamics a first
output which is a measure of the subject's gaze patterns;
generating from monitored eye dynamics a second output which
is a measure the subject's saccadic movements; generating
30   from monitored eye dynamics a third output which is a
measure of the subject's pupil dynamics; generating from
monitored eye dynamics a fourth output which is a measure of

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the subject's blink patterns; and using the first, second, third and fourth outputs to compute a measure of alertness of the subject.

In preferred embodiments, the method also includes 5 the step of using the measure of alertness to generate an alarm.

In general, in another aspect, the invention is an apparatus for determining alertness of a subject. The apparatus includes an eye tracker module which during 10 operation non-invasively monitors the subjects' eye dynamics; and a processor module which analyzes the monitored eye dynamics and generates therefrom a measure of the subject's alertness. The processor module is programmed to implement the following functions: generate from 15 monitored eye dynamics a first output which is a measure of the subject's gaze patterns; generate from monitored eye dynamics a second output which is a measure the subject's saccadic movements; generate from monitored eye dynamics a third output which is a measure of the subject's pupil 20 dynamics; generate from monitored eye dynamics a fourth output which is a measure of the subject's blink patterns; and use the first, second, third and fourth outputs to compute said measure of alertness of the subject.

In general, in yet another aspect, the invention is 25 a method of determining alertness of a subject. The method includes the steps of non-invasively monitoring the subject's eye dynamics; generating from monitored eye dynamics three measures of the subject's eye dynamics, wherein the three measures are selected from the group 30 consisting of the subject's gaze patterns, the subject's saccadic movements, the subject's pupil dynamics, and the subject's blink patterns; and using all three measures to compute a measure of alertness of the subject.

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Other advantages and features will become apparent
from the following description of the preferred embodiment
and from the claims.

Description of the Preferred Embodiments

5   Fig. 1 is a block diagram of the alertness
monitoring system.

Structure and Operation

Referring to Fig. 1, a system which embodies the
invention includes a remotely mounted eye tracker 10, a
10   computer or data processor 12 which analyzes the output of
the eye tracker to generate a measure of alertness, and an
alarm unit 13 which produces an alarm to notify the driver.
Eye tracker 10, which includes a video camera 14 and an eye
gaze monitor 16, is directed toward the location where the
15   drivers head will be so that during operation it obtains an
image of the driver's head and eyes 15. Typically, eye
tracker 10, or at least the video camera component of it, is
mounted on the dashboard in front of the driver and below
the level of the driver's head. It is positioned so as to
20   the view the driver's eyes and not be obstructed by any
objects, such as the steering wheel or the driver's arms.
The output of video camera 14 passes to eye gaze monitor 16,
which continuously analyzes the video image of the driver's
eye, extracts relevant information relating to eye dynamics,
25   computes a measure of alertness from that information, and
generates an alarm signal which causes alarm unit 13 to take
corrective action, e.g. alert the driver, when the alertness
measure indicates that the driver's alertness has dropped
below a predetermined level.
30   Eye gaze monitor 16 is programmed to extract from
the image of the driver's eye measures relating to the

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following four characteristics: gaze pattern, saccadic
movements, pupil dynamics, and blinking characteristics.
Measurable changes in each of these characteristics are
linked to increased fatigue and diminished alertness and
5   collectively they provide a good indicator of the driver's
alertness.

As the subject's alertness diminishes, his or her
gaze strategies reflect this in the following ways. The
area of the field covered by the subject's gaze pattern
10   decreases - a phenomenon referred to as "gaze tunneling".
Also, the duration of the subject's fixations on objects or
locations in the subject's visual field increases and the
frequency of those fixations decreases. In addition, slow
rolling eye movements begin to occur.

15   Saccadic movements refer to the naturally occurring,
involuntary, rapid, small movements of the eye which result
in changing the point of fixation on a visualized object.
As the subject's alertness decrease, the velocity profile of
these rapid eye movements becomes skewed (i.e., the shape of
20   the velocity profile changes). Also, the average distance
moved and the peak velocities which occur during these
saccadic movements changes and the frequency of the saccades
decreases, i.e., there are fewer fixations and saccades
corresponding to less active scanning.

25   Pupil dynamics reflect decreases in alertness by a
reduction in the mean pupil diameter and by significant
changes in the Hippus movements, which are the abnormally
exaggerated, rhythmic contractions and dilations of the
pupil which are independent of changes in illumination or in
30   fixation of the eyes.

Finally, the blink characteristics show the
following changes in response to reduced alertness. The
frequency of closure (i.e., blinks) increases during periods

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of rapid blinking. The intervals between periods of rapid
blinking increases. The 80% perclose values (i.e., the
percentage of time that the eyelids are at least 80% closed)
increases. The eyelid velocity profile during blinking
5 changes. And the percentage or amount of pupil area
obscured by the eyelids between blinks increases.

Processor 12 executes an algorithm 17 which is
stored in local computer readable memory. The algorithm
combines the measures provided by monitor 16, preferably all
10 four of them, to compute the measure of alertness. The
algorithm can be implemented in several alternative ways.
For example, one approach is to combine the four parameters
in a regression equation to generate an output value that is
the measure of alertness. In one embodiment, the regression
15 equation would take the following form:

$$Z = b_0 + \Sigma_i b_i X_i$$

where   Z is the combined measure of alertness

X_i for $1 \leq i \leq 4$, are the four previously described
measures of eye dynamics

20   b_0 is an intercept coefficient; and

b_i is the coefficient of the ith independent variable
X_i; and

The coefficients b_0 and b_i can be readily determined through
empirical studies of alertness using another well recognized
25 and acknowledged indicator of alertness, such as those
produced by electroencephalography (EEG),
electrocardiography (ECG), electromyography (EOM), or
electro-oculography (EOG). In other words, the coefficients
are computed so that the four measured variables when
30 weighted by the coefficients produce an output that

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corresponds to the output obtained from one of these other sources, preferably EEG.

Alternative approaches involve using the parameters sequentially. That is, a partial set of parameters is first
5   used to produce a preliminary measure of alertness and the remaining parameters are then used to produce a more precise measure of alertness when the preliminary measure exceeds a first threshold. In that case, the eye monitor can also be instructed to produce only the measures that are needed.
10 When the generated measures indicate that the full set of parameters are required, then the eye monitor can be instructed to provide the additional parameters. These approaches have the advantage of imposing a reduced computational load on the processor and on the eye monitor
15 during periods when the driver is fully sufficiently alert.

In the described embodiment, the alarm unit generates an audible alarm. Alternatively, it could notify the driver in any of a number of different ways, e.g. through light, sound, or vibration, to just name a few.
20 Also, the alarm could be programmed to be progressively more intrusive if the driver does not react as desired, e.g. if the monitoring equipment does not show an improvement in alertness. In addition, different alarms could be used depending on the success on the first or earlier alarms.
25   For the eye tracker and components thereof, one can use commercially available off-the-shelf tracking equipment such as the Model ETS (Eye Tracker System), the Series 5000 eye trackers, and the Model 210 Eye Movement Monitor, all of which are commercially available from Applied Science
30 Laboratories, Inc., the assignee of the present invention. Of course, the equipment which is currently available through commercial source is typically not optimally designed for use in automobiles or trucks, so it is

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preferable to modify it by, for example, reducing its size
and configuration so that it fits more conveniently and
unobtrusively in the environment in which the alertness
monitor is intended to be used.

5   In the case of the Model ETS from Applied Science
Laboratories as well as other commercially available eye
trackers, the unit illuminates the eye with an infra-red
beam, or near-infra red beam, and views the eye with a solid
state video camera. Since the near-infra red (IR) light is
10   outside of the visible spectrum, it does not annoy the
subject (e.g. the driver) but is in a high sensitivity
region for most solid state light sensors. The video
information is sent to a computer or special purpose
processor for feature recognition and computation tasks.
15   Line of gaze is computed, independently of head
translations, by detecting the relative position of two
features, namely, the pupil and the reflection of the IR
light source on the corneal surface. The latter feature is
commonly called the corneal reflection, or CR. A known
20   mapping and/or curve fitting technique is then used to
transform the pupil-CR vector to a point of gaze on the
scene space. Pupil diameter is generally a byproduct of
this pupil recognition task.

          Some systems illuminate the eye with a near IR beam
25   that is coaxial with the camera optical axis. In that case,
the camera receives a retro reflection from the retina, and
the pupil appears as a bright circle with respect to a
generally darker background. Other systems use a light beam
that is off axis from the camera yielding a pupil with the
30   familiar appearance of a black circle. These systems look
for a pupil that is generally darker than any similar shape
in the video field.

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In order to achieve sufficient image resolution and
to simplify the pattern recognition task, many eye tracking
systems use a telephoto image of the eye with a field of
view having roughly a one inch diameter at the distance of
5   the subject's face. The image area thus includes only the
eye and a small portion of the surrounding eye lid
structure. The resulting image is relatively uncomplicated,
and features of interest cover a large number of pixels.
Head motion is handled by moving the entire optics module,
10   on a servo controlled platform, to keep the camera aimed at
the eye or, alternatively, by bending the optical path with
a servo controlled mirror to accomplish the same purpose.

For driver alertness applications, it may be
desirable, for reasons of dependability and cost, to use a
15   wide angle camera and then to use known relatively simple
pattern recognition processing to locate the subjects eye
within the image field.

Other embodiments are within the following claims.
For example, an effective alertness monitor can also be
20   constructed using a subset of the four parameters described
above. A workable subset includes gaze pattern, saccadic
movements, and blinking characteristics. Thus, in an
alternative embodiment, the alertness measure is derived
from such a subset of measured eye dynamics.

25   What is claimed is:

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Claims:

1. A method of determining alertness of a subject, said method comprising:

non-invasively monitoring the subject's eye dynamics;

generating from monitored eye dynamics a first output which is a measure of the subject's gaze patterns;

generating from monitored eye dynamics a second output which is a measure the subject's saccadic movements;

generating from monitored eye dynamics a third output which is a measure of the subject's pupil dynamics;

generating from monitored eye dynamics a fourth output which is a measure of the subject's blink patterns; and

using the first, second, third and fourth outputs to compute a measure of alertness of the subject.

2. The method of claim 1, further comprising using the measure of alertness to generate an alarm.

3. An apparatus for determining alertness of a subject, said apparatus comprising:

an eye tracker module which during operation non-invasively monitors the subjects' eye dynamics; and

a processor module which analyzes the monitored eye dynamics and generates therefrom a measure of the subject's alertness, said processor module programmed to implement the following functions:

generate from monitored eye dynamics a first output which is a measure of the subject's gaze patterns;

generate from monitored eye dynamics a second output which is a measure the subject's saccadic movements;

generate from monitored eye dynamics a third output which is a measure of the subject's pupil dynamics;

generate from monitored eye dynamics a fourth output which is a measure of the subject's blink patterns; and

use the first, second, third and fourth outputs to compute said measure of alertness of the subject.

4.   A method of determining alertness of a subject, said method comprising:

non-invasively monitoring the subject's eye dynamics;

generating from monitored eye dynamics three measures of the subject's eye dynamics, wherein the three measures are selected from the group consisting of the subject's gaze patterns, the subject's saccadic movements, the subject's pupil dynamics, and the subject's blink patterns; and

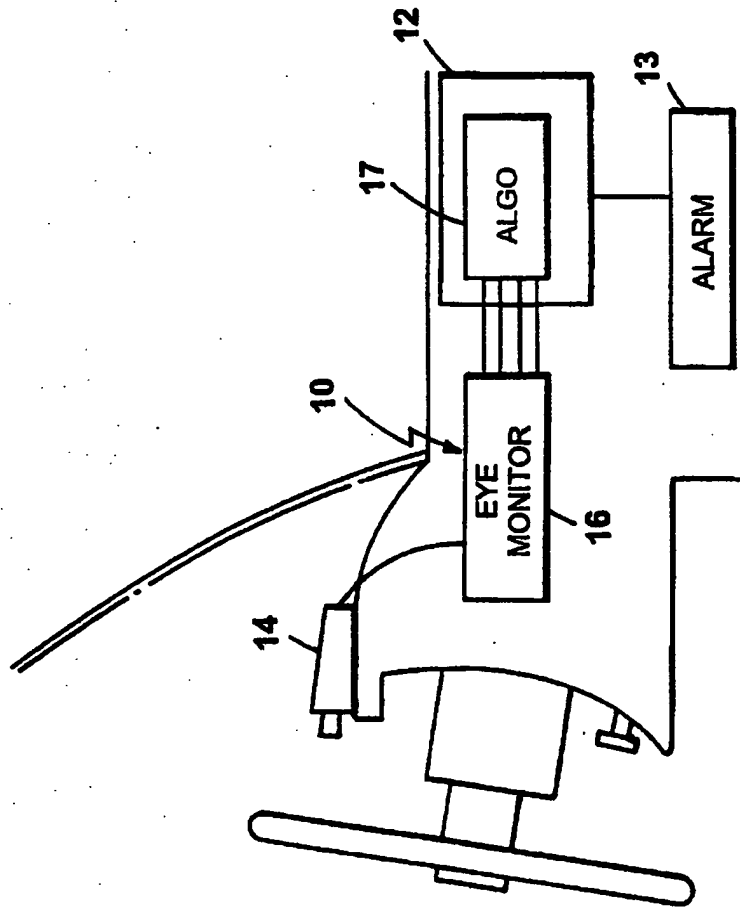using all three measures to compute a measure of alertness of the subject.

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FIG. 1

INTERNATIONAL SEARCH REPORT

International application No.
PCT/US98/08185

A. CLASSIFICATION OF SUBJECT MATTER

IPC(6)   :B60Q 1/00
US CL   :340/439

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

U.S. :   340/439, 506, 573, 575, 576; 128/745

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
Y	US 5,570,698 A (LIANG et al) 5 November 1996, col. 4, lines 37-65.	1-4

☐ Further documents are listed in the continuation of Box C.   ☐ See patent family annex.

	Special categories of cited documents:	"T"	later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
"A"	document defining the general state of the art which is not considered to be of particular relevance		
"E"	earlier document published on or after the international filing date	"X"	document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
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"O"	document referring to an oral disclosure, use, exhibition or other means	"Y"	document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art
"P"	document published prior to the international filing date but later than the priority date claimed	"&"	document member of the same patent family

Date of the actual completion of the international search	Date of mailing of the international search report
19 JUNE 1998	**OCT 1 3 1998**

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Form PCT/ISA/210 (second sheet)(July 1992)*